



Week 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Snack</u>	<i>Fresh fruit and yogurt</i>	<i>Fresh fruit and crumpets</i>	<i>Fresh fruit and cherry tomatoes</i>	<i>Fresh fruit and muffins</i>	<i>Fresh fruit and bread sticks</i>
<u>Lunch</u>	<i>Lasagne & Garlic Bread</i>	<i>Chicken & Pasta bake</i>	<i>Fish with Savoury Rice</i>	<i>Beef Stew & Veg</i>	<i>Chicken in black bean sauce with noodles</i>
<u>Pudding</u>	<i>Jam Sponge & Custard</i>	<i>Fruit cocktail</i>	<i>Jelly and ice cream</i>	<i>Fruit crumble & Cream</i>	<i>Bread & Butter Pudding</i>
<u>Snack</u>	<i>Bread Sticks and raisins</i>	<i>Veggie sticks and bread sticks</i>	<i>Raisins and yogurts</i>	<i>Fresh fruit and pitta bread with dip</i>	<i>Honey dew or water melon</i>
<u>Tea</u>	<i>Homemade Pizza</i>	<i>Cheese and onion or jam Sandwiches</i>	<i>Jacket Potato with Egg Mayo or beans</i>	<i>Tuna Pasta Bake</i>	<i>Eggy bread and Wedges</i>
<u>Pudding</u>	<i>Fresh fruit</i>	<i>Fairy cakes</i>	<i>Fresh fruit</i>	<i>Yoghurts</i>	<i>Jam Drops</i>

